



THINK ABOUT THE 'CHOICES' YOU MAKE!!

'CHOICES' PRESENTATION

James was a diesel mechanic with his whole life ahead of him, when a workplace accident caused him to break his back and damage his spinal cord! James sustained injuries so severe, that he will be confined to a wheelchair for the rest of his life.

James is now a Paraplegic!

After three months in hospital and a further six months in a live in rehabilitation centre, James started a new life facing mental, emotional and physical challenges every day....."I had to learn to live all over again....".

Sadly, not only the victim of an accident has to recover from a workplace injury!

"Before my accident I had never thought about how something like this affects other people..."

Family, friends, partners, kids, workmates..... the list is endless. When an accident happens it is not just the person who is hurt that suffers. In some cases the people around you are affected just as much as you are!

James is the first to admit that his accident was caused by the CHOICES he made, he now shares his story and asks that you think about the CHOICES make.

'CHOICES'

- Prevention (including near misses)
- Looking out for other workers
- Return to work/life
- The effects on *all* levels of the workplace
- Accountability
- Concludes with questions and answers session
- Self-responsibility
- Adjusting to change (mental, physical and emotional challenges)
- Motivation
- Culture

Please contact us to discuss how to maximize the impact of James' visit to your site.

James presentation focuses on 'personal choices'.

All levels of the workplace can benefit from his message.

We are all responsible to ensure that accidents do not occur in our own workplace.